



# Parish of Ballymoney & Derrykeighan

4th August 2024  
Eighteenth Sunday of Ordinary Time



## JESUS IS THE BREAD OF LIFE

Beginning this Sunday, the Church invites us to listen to the great teaching on the Eucharist that Jesus gives in chapter six of St John's Gospel. Over four weekends we will hear the Lord explain as clearly as possible that the bread he gives is truly his body and blood and that he gives this great sacrament to us so that we might gain eternal life.

It's easy to take Mass and Holy Communion for granted, but these Gospel readings will remind us that the Eucharist is God's greatest gift of love and that we should respond to it with our own heartfelt love and devotion. O sacrament most holy, o sacrament divine, all praise and all thanksgiving be every moment thine!

### THIS WEEK

Parish webcam can be viewed on our YouTube channel (search for Ballymoney Parish)

<b>SATURDAY 3rd</b>	5.30-5.50pm Confessions 6pm Vigil Mass
<b>SUNDAY 4th</b>	9.30am Mass 4.30-4.50pm Confessions 5pm Mass <b>7pm Parkinson's Prayer Service</b>
<b>MONDAY 5th</b>	10am Mass
<b>TUESDAY 6th</b>	7pm Holy Face Novena
<b>WEDNESDAY 7th</b>	10am Mass
<b>FRIDAY 9th</b>	no Mass or confessions

*Our Lady & St Patrick's is open every day for private prayer - usually from 10am to 6pm.*

### Other Sunday Masses in the Causeway Family of Parishes:

Saturday 5pm - Portstewart  
Saturday 6.30pm - St Malachy's, Coleraine  
Sunday 10am - Portstewart  
Sunday 11am - St Malachy's, Coleraine  
Sunday 12noon - Portrush

### WE PRAY FOR THE FAITHFUL DEPARTED

#### Anniversaries

Patsy Kelly, Mary McIvor, Maureen McKenna, Catherine McVeigh, Josephine Smyth

### REQUIESCAT IN PACE

### PARISH FINANCES

Thank you to everyone who supports the parish through our collections. If you want to request a box of envelopes there is a form at the back of the church. Remember that you can also support the parish through a regular standing order or by making a one off payment through your bank or online. Our account details are:

**Parish of Ballymoney & Derrykeighan**  
**Sort code: 95-06-79**  
**Account No: 10020192.**

If you want to give by cheque please make cheques payable to: **Parish of Ballymoney & Derrykeighan.**

### ST VINCENT DE PAUL

If you need our help please call us confidentially on **07860455549**. For more information about the work of our conference you can speak to any of our members.

### HOLY FACE NOVENA

The First Tuesday novena to the Holy Face of Jesus takes place this week (**6th**) at **7pm**.

### PARKINSON'S PRAYER SERVICE

An ecumenical prayer service for people with Parkinson's, their families, carers and those who support them will be hosted at Our Lady & St Patrick's on **Sunday (4th)** at **7pm**. All welcome to attend. A collection will be taken up for Parkinson's Support Dalriada and refreshments will be available in the parish hall afterwards. Many thanks to all those who have volunteered to help with the service.

### OLD & NEW @No.5

It's been another busy July at Old & New at No.5... it's been lovely to meet some new visitors to the shop plus many regular clients! Now we're all ready for August! There is still a small stock of lovely garden ornaments & planters. Plus, there are lots of stylish vases and beautiful figurines.

You can find us at 5 Gate End, Ballymoney and it's open **10am-4.30pm** from **Wednesday - Saturday**. Take a look at our Facebook page for more information.

### PORTSTEWART PRAYER MEETING

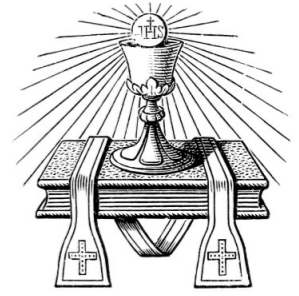
Portstewart parish will be offering a prayer meeting **each Thursday** from **7.30-8.30pm** in the Marian Hall behind Star of the Sea Church. It will be an hour of prayer based on the Sunday mass readings, with times of quiet and some hymns. We will be praying for our own intentions and for renewal in the life of our family of parishes. All welcome.

### PRAYER FOR PEOPLE WITH PARKINSON'S

Lord Jesus Christ, consolation of the afflicted, you are our refuge. We pray for those who are suffering the effects of Parkinson's disease. As they struggle with their physical strength and skills, increase their spiritual strength and abilities. Renew their inner spirit day after day and through their share in your sufferings grant the grace of conversion to sinners. In their weakness reveal your strength. Give peace and joy to those who care for them. Amen.

### UNDERSTANDING THE EUCHARIST

During August this year the Gospel readings at Sunday Mass come from John Chapter 6 where Jesus explains the sacrament of the Eucharist. This is a chance for us to reflect on the great gift we receive in Holy Communion - the body of Christ himself.



It's also an opportunity to consider how we receive Holy Communion. This week we reflect on the **Communion Fast**.

The Church requires Catholics to **fast for an hour** before Holy Communion. This fast is a sign of respect to the Blessed Sacrament and an act of preparing our hearts for the greatest food of all. It also reminds us of those who are hungry in the world and encourages us to help in whatever way we can.

Receiving Communion while fasting is an ancient tradition and in the past people fasted from midnight. In recent years the fast is only required to last sixty minutes before Communion itself. During that time we should abstain from food and drink (except water and medication).

Those who are old or sick are exempt from the fast as are those who receive Communion at home or in hospital. Priests who celebrate more than one Mass in a day need only keep the fast before their first Mass.

### PARISH OF BALLYMONEY & DERRYKEIGHAN

Diocese of Down & Connor  
Causeway Family of Parishes

#### Contact Details

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Youtube: Ballymoney Parish

### HYMNS FOR MASS

Christ be beside me, Christ be before me,  
Christ be behind me, King of my heart.  
Christ be within me, Christ be below me,  
Christ be above me, never to part.

Christ on my right hand, Christ on my left hand,  
Christ all around me, shield in the strife.  
Christ in my sleeping, Christ in my sitting,  
Christ in my rising, light of my life.

Christ be in all hearts thinking about me,  
Christ be on all tongues telling of me.  
Christ be the vision in eyes that see me,  
In ears that hear me Christ ever be.

Holy God, we praise Thy Name;  
Lord of all, we bow before Thee!  
All on earth Thy sceptre claim,  
All in Heaven above adore Thee;  
Infinite Thy vast domain,  
Everlasting is Thy reign.

Hark! the loud celestial hymn  
Angel choirs above are raising,  
Cherubim and seraphim,  
In unceasing chorus praising;  
Fill the heavens with sweet accord:  
Holy, holy, holy, Lord.